

Time Out

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It might be a better idea to call your 'time out' spot the 'stop spot' rather than the 'hot spot' as this can have connotations for kids who have been misbehaving as being angry or unable to control their behaviour appropriately. By calling it the 'stop spot' you're allowing kids the idea that 'it's time to 'stop' and think about my behaviour'.

Just a suggestion!

I love this whole idea!